## AMENDMENTS TO THE SPECIFICATION

The following paragraph replaces the paragraph bridging pages 10 and 11:

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Here, the composition comprises about 1-20 parts by weight (pbw) of the extract of Rabdosia rubescens or the Humulus lupulus, where about 1-15 pbw is particularly preferred, and about 2-10 pbw is more preferred; about 5-60 pbw of the Panax pseudo-ginseng Wall extract, where about 8-50 pbw is more particularly, and about 10-40 is more preferred; about 50-600 pbw of the Ganoderma lucidum Karst extract, where about 80-555 pbw is particularly preferred, and about 100-500 pbw is more preferred; about 10-120 pbw of the Scutellaria baicalensis Georgi extract, where about 15-110 pbw is particularly preferred, and about 20-100 pbw is more preferred; about 10-120 pbw of the Glycine max extract, where about 15-110 pbw is particularly preferred, and about 20-100 pbw is more preferred; and about 12-120 pbw of the curcuma longa extract, where about 15-100 pbw is particularly preferred, and about 20-100 pbw is more preferred. Here pbw is defined as the individual weight of each component in proportion to the total weight of the composition.